



2003 West Franklin Street, Evansville, IN 47712

812-483-9114  
www.evvyogacenter.com

**Chris Roche workshop**  
**May 2 and 3<sup>rd</sup>**  
**Friday 5 – 8 pm, \$45**  
**Saturday, Power Yoga 8 – 10 am, \$25**  
**Saturday, 10:30 am – 4 pm, \$75**  
**Or all three sessions for \$120**  
**Call Chris at 812-483-9114 to register.**

# May 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Try the newest addition to the studio.... foot reflexology by Kim Love. Sessions are 30 minutes for \$30 or 60 minutes for \$60. Call Kim at 812-842-2346 to schedule an appointment.</p>			1 5:45 pm Yoga - Chris 5:30 – 6 pm Silent Tai Chi	2 11 am Yoga - Andrew 5-8 pm Chris Roche workshop <b>NO REGULAR YOGA CLASS</b>	3 <b>NO REGULAR YOGA CLASS</b> 8 – 10 am Power Yoga with Chris Roche 10:30 – 4 pm workshop with Chris Roche Drumming circle 7 – 9 pm
4 11 am Flow Yoga - Chris	5 11 am Yoga - Andrew 3:30 pm Tai Chi 5:45 pm Yoga - Andrew	6 5:45 pm Yoga - Cara	7 10 am Feldenkrais- Diane 11 am Yoga - Andrew 5:00 pm Tai Chi 5:45 pm Yoga – Andrew 6:15 pm Lezlie's yoga	8 5:45 pm Yoga - Chris 5:30 – 6 pm Silent Tai Chi	9 11 am Yoga - Andrew 5:45 pm Yoga - Andrew	10 9 am Yoga - Chris
11 11 am Flow Yoga - Chris	12 11 am Yoga - Andrew 3:30 pm Tai Chi 5:45 pm Yoga - Andrew	13 5:45 pm Yoga - Cara	14 10 am Feldenkrais- Diane 11 am Yoga - Andrew 5:00 pm Tai Chi 5:45 pm Yoga – Andrew 6:15 pm Lezlie's yoga	15 5:45 pm Yoga 5:30 – 6 pm Silent Tai Chi	16 11 am Yoga - Andrew 5:45 pm Yoga - Andrew	17 9 am Yoga Reiki 12 – 6 pm
18 11 am Flow Yoga	19 11 am Yoga - Andrew 3:30 pm Tai Chi 5:45 pm Yoga - Andrew	20 5:45 pm Yoga - Cara	21 10 am Feldenkrais- Diane 11 am Yoga - Andrew 5:00 pm Tai Chi 5:45 pm Yoga – Andrew 6:15 pm Lezlie's yoga	22 5:45 pm Yoga - Chris 5:30 – 6 pm Silent Tai Chi	23 11 am Yoga – Andrew 5:45 pm Yoga - Andrew	24 9 am Yoga - Chris
25 11 am Flow Yoga - Chris	26 Memorial Day 9 am Yoga - Chris 3:30 pm Tai Chi	27 5:45 pm Yoga - Cara	28 10 am Feldenkrais- Diane 11 am Yoga - Andrew 5:00 pm Tai Chi 5:45 pm Yoga – Andrew 6:15 pm Lezlie's yoga	29 5:45 pm Yoga - Chris 5:30 – 6 pm Silent Tai Chi	30 11 am Yoga - Andrew 5:45 pm Yoga - Andrew	31 9 am Yoga - Chris

**Yoga Class prices:**

\$12 drop-in  
 \$50 for 5 sessions  
 \$90 for 10 sessions  
 \$60 monthly unlimited

**Yoga Student/Senior prices:**

\$11 drop-in  
 \$45 for 5 sessions  
 \$80 for 10 sessions  
 \$60 monthly unlimited

**Tai Chi Classes:**

Contact Karen Yoe for Tai Chi questions, class times and prices at 479-8331.

**For Massage Therapy Contact**

Debbie Mohr  
480-7293 \$50 1 hr

Richard Ogilvy  
430-5808

Caroline Nellis  
424-6832  
\$20 ½ hr \$45 1 hr

Private yoga classes available

Contact Chris Crews for yoga 483-9114.  
 Yoga classes are approximately 1 hour and 10 minutes.

**FELDENKRAIS**  
**Diane Arneson**  
**423-4333**