



2003 West Franklin Street, Evansville, IN 47712

812-483-9114

www.evvyogacenter.com

March 2008

Contact Patti Corbett for Reiki and Healing Touch. Please call her at 760-8403 or e-mail patti.corbett@sbcglobal.net to schedule an appointment or to

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Try the newest addition to the studio.... foot reflexology by Kim Love. Sessions are 30 minutes for \$30 or 60 minutes for \$60. Call Kim at 812-842-2346 to schedule an appointment.</p>			<p>1st degree Reiki April 5th and 6th Call Karen to register at 812-479-8331.</p>		<p>1 9 am Yoga Detox Workshop 10:30 am – 2:30 pm Drumming circle 6 – 8 pm</p>	
<p>2 11 am Vinyasa Flow Yoga</p>	<p>3 11 am Yoga 3:30 pm Tai Chi 5:30 pm Tai Chi 5:45 pm Yoga</p>	<p>4 9 am Tai Chi 10:30 – 11 am Silent Tai Chi 5:45 pm Yoga - Cara</p>	<p>5 10 am Feldenkrais Diane 11 am Yoga 3:30 pm Tai Chi 5:00 pm Tai Chi 5:45 pm Yoga 6:15 pm Lezlie's yoga</p>	<p>6 5:45 pm Yoga Basics 5:30 – 6 pm Silent Tai Chi 6:30 pm Tai Chi</p>	<p>7 10 am Tai Chi 11 am Yoga 5:45 pm Yoga</p>	<p>8 9 am Yoga Reiki Mastery 12 – 6 pm</p>
<p>9 11 am (90 min) Vinyasa Flow Yoga With Stacey and Chris</p>	<p>10 11 am Yoga 3:30 pm Tai Chi 5:30 pm Tai Chi 5:45 pm Yoga</p>	<p>11 9 am Tai Chi 10:30 – 11 am Silent Tai Chi 5:45 pm Yoga - Cara</p>	<p>12 10 am Feldenkrais Diane 11 am Yoga 3:30 pm Tai Chi 5:00 pm Tai Chi 5:45 pm Yoga 6:16 pm Lezlie's yoga</p>	<p>13 5:45 pm Yoga Basics 5:30 – 6 pm Silent Tai Chi 6:30 pm Tai Chi</p>	<p>14 10 am Tai Chi 11 am Yoga 5:45 pm Yoga</p>	<p>15 9 am Yoga</p>
<p>16 11 am Vinyasa Flow Yoga</p>	<p>17 11 am Yoga 3:30 pm Tai Chi 5:30 pm Tai Chi 5:45 pm Yoga</p>	<p>18 9 am Tai Chi 10:30 – 11 am Silent Tai Chi 5:45 pm Yoga - Cara</p>	<p>19 10 am Feldenkrais Diane 11 am Yoga 3:30 pm Tai Chi 5:00 pm Tai Chi 5:45 pm Yoga 6:15 pm Lezlie's yoga</p>	<p>20 5:45 pm Yoga Basics 5:30 – 6 pm Silent Tai Chi 6:30 pm Tai Chi</p>	<p>21 10 am Tai Chi 11 am Yoga 5:45 pm Yoga</p>	<p>22 9 am Yoga</p>
<p>23 No Yoga Happy Easter</p>	<p>24 11 am Yoga 3:30 pm Tai Chi 5:30 pm Tai Chi 5:45 pm Yoga</p>	<p>25 9 am Tai Chi 10:30 – 11 am Silent Tai Chi 5:45 pm Yoga - Cara</p>	<p>26 10 am Feldenkrais Diane 11 am Yoga 3:30 pm Tai Chi 5:00 pm Tai Chi 5:45 pm Yoga 6:15 pm Lezlie's yoga</p>	<p>27 5:45 pm Yoga Basics 5:30 – 6 pm Silent Tai Chi 6:30 pm Tai Chi</p>	<p>28 10 am Tai Chi 11 am Yoga 5:45 pm Yoga</p>	<p>29 9 am Yoga</p>
<p>30 11 am Vinyasa Flow Yoga</p>	<p>31 11 am Yoga 3:30 pm Tai Chi 5:30 pm Tai Chi 5:45 pm Yoga</p>	<p>Reiki sessions available at the studio for \$35 an hour. Contact Karen (479-8331), Patti (760-8403),</p>				

Yoga Class prices:

- \$12 drop-in
- \$50 for 5 sessions
- \$90 for 10 sessions
- \$60 monthly unlimited

Yoga Student/Senior prices:

- \$11 drop-in
- \$45 for 5 sessions
- \$80 for 10 sessions
- \$60 monthly unlimited

Tai Chi Classes:

Contact Karen Yoe for Tai Chi questions, class times and prices at 479-8331.

For Massage Therapy Contact

- Debbie Mohr 480-7293 \$50 1 hr
- Richard Ogilvy 430-5808
- Caroline Nellis 424-6832
- \$20 ½ hr \$45 1 hr

Private yoga classes available

Contact Chris Crews for yoga 483-9114.
Yoga classes are approximately 1 hour and 10 minutes.